

Mar 10, 2022, 10:00am EST | 637 views

These World-Class Spas Are Located In A Destination That May Surprise You



Judy Koutsky Contributor

Travel

I cover adventure, luxury and family travel.

Follow

Listen to article 3 minutes



The Anantara Spa at Eastern Mangroves Hotel is one of the top wellness spas in Abu Dhabi. ABU DHABI

Abu Dhabi is known for a lot of things, but a spa destination may not be the first thing that comes to mind. But maybe it should. These wellness spots have a loyal following for those in the know.

Anjana Spa at Rixos Premium Saadiyat Island



Anjana Spa RIXOS PREMIUM SAADIYAT ISLAND

Nestled on the shores of Saadiyat Island is this Turkish-inspired spa, which is also the largest spa in the area. It attracts travelers from all over the world. Designed in the style of Ottoman architecture, this 7,000-square-foot spa specializes in a variety of menu options including the traditional hammam treatment which includes the Turkish bath. For those seeking something a little different, the spa has the only Snow Room in Abu Dhabi. For couples looking for romance, the VIP suites are the ultimate indulgence at the [Rixos Premium Saadiyat Island](#).

Desertology Spa in Telal Resort Al Ain

MORE FROM [FORBES ADVISOR](#)

Best Travel Insurance Companies

By **Amy Danise** Editor

Best Covid-19 Travel Insurance Plans

By **Amy Danise** Editor



Telal Resort Al Ain ABU DHABI

Forbes | Passport

Get a First-Class Guide to Luxury Travel

Explore the finest destinations and experiences around the world in the Forbes Passport newsletter.

Sign Up

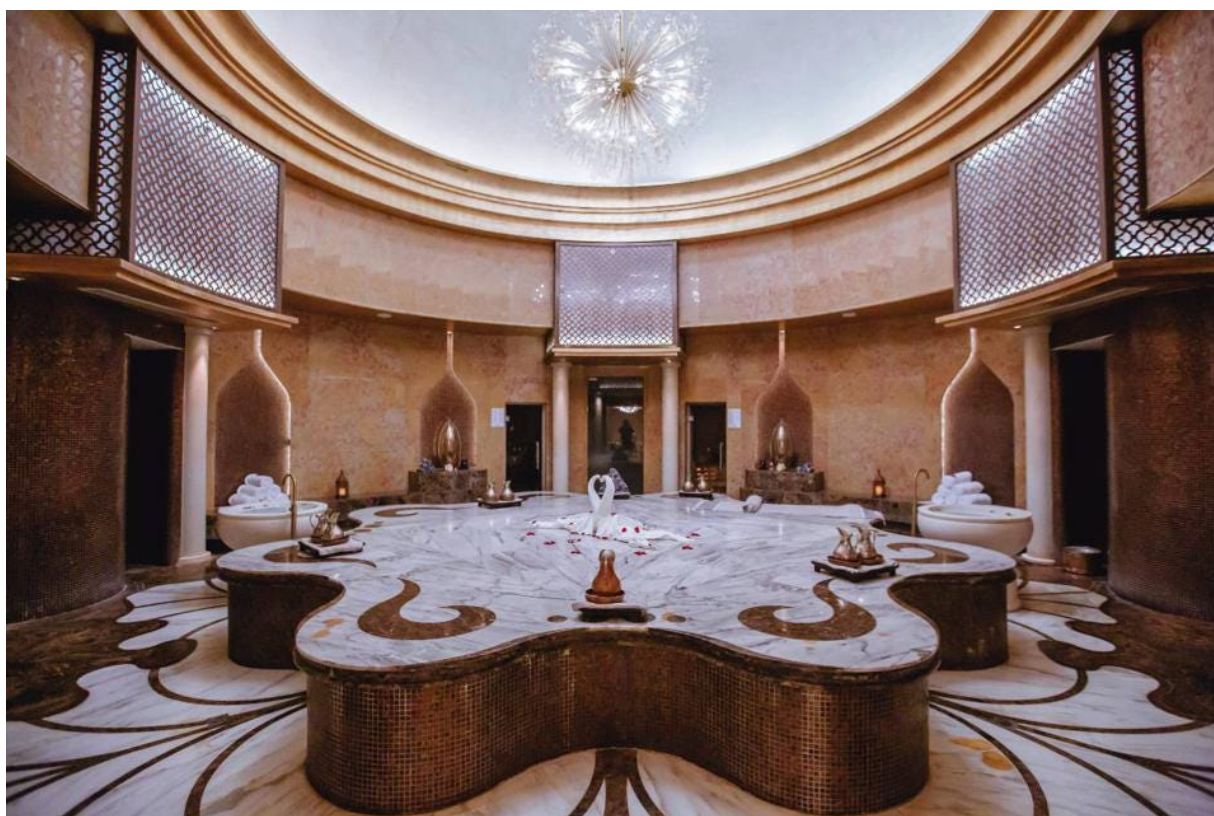
You may opt out any time. By signing up for this newsletter, you agree to the [Terms and Conditions](#) and [Privacy Policy](#).

Telal Resort Al Ain is located on the outskirts of Al Ain city, in the vast landscape of Remah Desert, which was once home to the nomadic Bedouin tribes of the Emirates. The resort's wellness center—[Desertology Spa](#)—offers a variety of signature massages. Don't miss out on the nearby Green Mubazzarah hot springs where travelers can indulge in a relaxing outdoor bath.

READ MORE

World's Top Restaurant Noma In Talks With Billionaire Peter Lim To Explore Opportunities In Asia

Anantara Eastern Mangroves Abu Dhabi Hotel



Anantara Spa at Eastern Mangroves Hotel ABU DHABI

Overlooking the mangroves, the unique [Anantara Eastern Mangroves Abu Dhabi Hotel](#) is a tranquil retreat set on the outskirts of Abu Dhabi. The Anantara Spa has 10 distinct treatment rooms dedicated to a plethora of eastern healing treatments that are coupled with Arabic influences. A traditional Turkish hammam, three deluxe double suites, and two private VIP hammam scrub rooms come with Vichy shower rooms and an LPG room for lipomassage and endermologie. They are known for their one-of-a-kind treatments, including the Neom De-stress Candle Massage and Vichy Desert Sand Body Scrub, using top beauty-powerhouse products to back the traditional rituals. In keeping with the resort's wellness theme, a variety of exercise classes are offered and the restaurants focus on healthy cuisine.

Sense, A Rosewood Spa



Rosewood Abu Dhabi ABU DHABI

From the textures of crystalline stone and sun-bleached driftwood in the relaxation areas to the cold mist showers and citrus-rich body scrubs, the five-star Sense spa at [Rosewood Abu Dhabi](#) aims to stimulate all senses. Nestled in Al Maryah Island, Sense A Rosewood Spa has nine state-of-the-art treatment rooms, a whirlpool Jacuzzi, a sauna with fiber-optic lighting, and a steam room with color therapy. One

of the most popular treatments include the three-hour Arabian night's ceremony that starts with a floral-scented milk bath and includes a 90-minute custom massage and the Arabian Odyssey Scrub that blends frankincense and sandalwood. Another signature treatment is the Jewel of Arabia which includes a sugar body scrub; along with a herbal Rhassoul clay body wrap; followed by a scalp massage; a ninety-minute full-body massage; and ending with a ninety-minute diamond facial.

Check out my [website](#).



Judy Koutsky

Follow

My work has appeared in over 30 publications including Conde Nast Traveler, Travel Leisure, Robb Report, Afar, Family Vacation... **Read More**

Reprints & Permissions

ADVERTISEMENT

Conve

Read our community guideline [here](#)

Be the first to comment...

Powered by OpenWeb

[Terms](#) | [Privacy](#) | [Feedback](#)