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# Mother's Day Gift Guide: The Best Presents For The Active Mom



**Judy Koutsky** Contributor

Travel

*I cover adventure, luxury and family travel.*

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Buy mom the right gear for her favorite activity. GETTY

One of the best gifts you can get mom for Mother's Day is gear for her active pursuits. Is she a biker? We've got the right tights, shirts, and hydration

pack. Is she into watersports (rafting and kayaking) or running? We've got you covered. Here, the ideal Mother's Day gear for the outdoorsy mom.

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## Biking



Women's Attack Long Sleeve Jersey  
PEARL IZUMI

**PEARL IZUMI:** Biking tights are a must for comfort to really enjoy mountain and road biking. The **Symphony Capri** offers more coverage than biking shorts but still features the form-hugging comfort. The waistband is designed to reduce pressure on the stomach and make breathing easier. The BioViz addition enhances safety in low-light, low-visibility areas. For warm weather, the **Sugar Crop** tights are ideal. The fabric is soft and has less sheen and shine than traditional biking

shorts. The waistband is wide and cut high in the back for maximum coverage and stretchy in the front for comfort and ease of movement. The mesh panels are ideal for ventilation. For biking classes, the **Wander Tight** is a good option. The matte fabric is durable and stretchy as well as comfortable. For tops, the **Attack Long Sleeve Jersey** offers great sun

protection and a touch of warmth for early morning rides. The soft fabric is moisture wicking, and there's a drop back for maximum coverage. For a short-sleeve version, the [Sugar Jersey](#) has a split hem for maximum front coverage. The lightweight, breathable fabric feels comfortable against the skin. The three pockets, plus the mesh over-pocket allows for phone, keys, and other essentials.

**Camelbak:** The [M.U.L.E. bike pack](#) by Camelbak is ideal for both long and short bike rides. The back panel of the pack has a ventilated harness to allow for breathability, and the sturdy straps make it durable and allow for stability, no matter how technical the terrain. There's a stretch overflow pocket to quickly shed extra layers, and a secure phone pocket for easy access. There's a spot for mom to stow her bike helmet, pads, and patch kits. The reflectivity fabric is great for low-light situations. The best part, of course, is the ease in which to hydrate while having fun biking the trails.



The M.U.L.E. bike pack CAMELBAK

## Running



UA HOVR Machina Running Shoes  
UNDER ARMOUR

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**Under Amour:** If the mom in your life is into multisports (running, hiking, tennis), shoes can be a really good option. The [Women's UA TriBase Reign 2 Training](#) shoe is an all-purpose shoe that works for trail running and hiking. The durable grip provides good traction, and the large external heel and collar give the foot more stability. The foam midsole is cushiony and comfortable. The rubber outsole gives it added resistance for abrasion and tears. The [UA HOVR Machina](#) is a best-selling running shoe that offers extra cushioning and a zero-gravity feel to help ease impact. It also connects to MapMyRun to better analyze and measure metrics (it's like running with a coach). The mesh is lightweight and breathable, and the rubber pods under the heel ensure traction in tough terrain.

## Water Sports:



Siren 2 sandal MERRILL



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**Merrell:** Whether it's kayaking, rafting, or trail running in wet conditions, having the correct performance sandals are a must. The **Siren 2** is a popular active sandal with a strong sticky rubber sole, which is great for traction and stability. The neoprene lining and Merrell air cushion mean extra comfort in the shock-absorbing areas of the foot. The light weight (only 50 oz) makes it easy to pack, too. The **Breakwater Strap** sandal is one of the newest in the line and offers a strong Vibram grip sole for traction as well as foam midsole for comfort and stability both in and out of the water.

*Check out my [website](#).*



**Judy Koutsky**

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