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HOTELS AND RESORTS

11 Relaxing Babymoon Ideas for Parents-to-Be

After all, future trips will inevitably be more complicated.

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The very notion of a **babymoon** may seem trendy and indulgent—frivolous even. But give it pause and you realize just how many first-time parents could benefit from one last getaway before marking the transition from twosome to trio, when **every future trip** will inevitably be more complicated. For couples further expanding their existing brood, a **babymoon** is a time to reconnect—with or without kids in tow—while **celebrating** the newest family addition. At their core, these vacations are for pampering, which is why no matter where the destination, it's a vacation few regret taking. Here, 11 delightful babymoon ideas to get the wheels turning.

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Courtesy Beaches Resorts

Flee to the Caribbean

If you wouldn't dream of leaving your other kids behind to celebrate your newest, embrace the family babymoon at a resort that works for every age group. At **Beaches Turks & Caicos** in Providenciales, 12 miles of beach fringe an aqua ocean, offering opportunities for snorkeling, kayaking, paddle boarding, windsurfing, and sailing. Winner of our **Reader's Choice Awards** for three years running, the all-inclusive resort's 45,000-square-foot pirate-themed water park and kids' clubs keep future big brothers and big sisters occupied, making it easier for the adults to enjoy a romantic dinner or pampering prenatal massage.

Book now: From \$390 per night, [expedia.com](https://www.expedia.com)

Randy Galligan

Get centered in California

The point of [Canyon Ranch Woodside](#), a 38-room wellness retreat shrouded by redwoods, is not to zone out while you're being massaged and manicured. It's to reconnect to nature and self, ease the path to major life change (your impending arrival!), and cultivate gratitude or whatever other intention resonates. A program advisor helps design couples' individual and shared journeys, from guided hikes to spa treatments. The prenatal massage is a must, as is the chakra-balancing massage, for its zen use of semi-precious stones and Ayurvedic oils.

Book now: From \$1,000 per night, [skylark.com](#)

Get lost in the Utah mountains

Prospective parents have the run of the 3,500-acre ranch at [The Lodge at Blue Sky, Auberge Resorts Collection](#), in Wanship, Utah—and all the hiking, biking, and fly-fishing therein. In the summer, adventurers can helicopter to a 10,000-foot-high peak in the Uinta Mountains for a private yoga and meditation session, or stay grounded with spa treatments soundtracked by a burbling creek.

Book now: [From \\$900 per night, expedia.com](#)

Unwind in Arizona hot springs

One of our favorite babymoon ideas is an adults-only getaway. [Castle Hot Springs](#), a one-time hideaway for Vanderbilts and Roosevelts in Arizona's Bradshaw mountains, offers

30 secluded bungalows and cabins within an hour's drive of Phoenix. While there are more than enough activities to keep busy (bocce, archery, mountain e-biking, and farm tours among them), couples more focused on **romance** can relax over degustation menus based on each day's farm yield or soak in the spa's thermal waters. Two of the three cascading pools are kept at a balmy 85 and 96 degrees, making them safe for mothers-to-be.

Book now: From \$900 per night, [castlehotsprings.com](https://www.castlehotsprings.com)

Courtesy Montage Kapalua Bay

Take the family to Hawaii

Ukulele lessons, lei making, coconut frond weaving, hula dancing—the abundance of **family-friendly** experiences available at **Montage Kapalua Bay** in Lahaina, **Maui**, make it an idyllic place to babymoon alongside your other littles. The Paintbox activities program for kids 5 to 12 allows expectant parents some alone time for golf, waterfall hikes, snorkeling with sea turtles, or lazing on black sand beaches. To make the memories last, sign up for a 45-minute photo shoot session with **Pacific Dream Photography**—gratis for all guests.

Book now: From \$1,095 per night, [expedia.com](https://www.expedia.com)

Camp near Acadia National Park

Squishing into a sleeping bag won't entice most pregnant couples. But glamping in one of the luxe safari-style tents sprinkled across 100 acres of virgin meadow and coastline in [Maine](#)? That's the Under Canvas way. The [new Acadia property](#), opening May 13 in Surry, promises en-suite bathrooms and catalog-ready furnishings for a decidedly upscale chance to commune with Mother Nature. Bonus: Fifteen of the 63 tents have viewing windows floating above their plush king beds, making for the comfiest stargazing imaginable.

Book now: [From \\$314 per night, expedia.com](#)

Courtesy Heckfield Place

Head to the English countryside

Here's what a babymoon at [Heckfield Place](#), a luxurious Georgian manor and working farm an hour outside [London](#), entails: long soaks in enameled cast-iron bathtubs, natural spa treatments tailored to expectant mothers, and garden-fresh meals. As for what it feels like? Bliss. This summer, look out for a new full-scale spa with natural treatments that can be tailored for pregnancy, plus a pool and daybeds tucked into luxurious gardens.

Book now: [From \\$470 per night, skylark.com](#)

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Recharge in the Yucatán

Mexican wellness wonderland [Chablé Yucatán](#) melds contemporary luxury with ancestral Mayan traditions on a restored 19th-century estate outside [Mérida](#). The area is brimming with charming towns, archaeological sites (Chichen Itza, most notably), and

beaches and natural biospheres ripe for exploring, while the 36-casita property offers tension-melting floatation therapy and an Ixchel New Life Massage, inspired by the Mayan goddess of fertility. Book time with a local medicine woman, known as “abuela,” for a temescal sweat lodge ceremony. Exuberant gastronomic offerings, designed by acclaimed chef Jorge Vallejo, further enhance the experience.

Book now: [From \\$958 per night, expedia.com](#)

Get artsy in southern Montana

Art appreciators already know why middle-of-nowhere Montana is one of the country’s [most inspiring venues](#): The 12,000-acre [Tippet Rise Art Center](#) in Fishtail hosts concerts by illustrious classical musicians and has monumental sculpture installations enhanced by pristine natural landscapes. It’s also just a short drive from [Blue Sky Cabins](#) in Red Lodge. At this romantic little spot, babymooners can watch for whitetail deer from their rocking chairs (each of the five private cabins is stocked with a set of binoculars), relax in whirlpool tubs after a bucolic nature walk, or admire a [Yellowstone](#)-worthy array of wildlife—moose, wolves, and bears—with the help of the owner’s Swarovski scope.

Book now: [From \\$210 per night, blueskycabins.com](#)

Eat Your Heart Out in Oregon

With its energetic young chefs and abundant farms, Oregon is a perennial pick for foodies—especially [Willamette Valley](#), a wine-producing region where it won't matter if one of you isn't drinking. At verdant boutique property [The Allison Inn & Spa](#) in Newberg, [Jory Restaurant & Bar](#) is where executive chef Chris Smith creates customized menus showcasing flavors from the valley's local farms as well as his own 1.5-acre garden and greenhouse. And hey, eating for two is a great excuse to check out other Valley favorites, such as [The Painted Lady](#), where traditional American dishes are reimaged with global tweaks and hyperlocal ingredients.

Book now: [From \\$445 per night, tripadvisor.com](#)

Have a city fling in Austin

For dancing to blues at [Antone's](#), shopping on South Congress, boating on Lake Austin, or people-watching at [Barton Springs](#), lock in a room at [Commodore Perry Estate](#), [Auberge Resorts Collection](#), about 10 minutes from downtown [Austin](#). Guests can laze around a glamorous circular pool, get their palms read, join a candlelit meditation, or savor chef-prepared picnics on a gingham blanket. For a unique memento, sit for a portrait in the Mansion Library and it'll be turned into a Victorian-inspired silhouette ring.

Book now: [From \\$459 per night, skylark.com](#)